#### FEBRUARY 2025

# FIMSSC NEWSLETTER



### Hey FIMS community,

February might be the shortest month of the year, but it's still packed with exciting opportunities to connect, unwind, and recharge. We know that assignments, midterms, and deadlines can feel overwhelming, but remember—you're doing amazing. Every step you take, no matter how small, is bringing you closer to your goals, and that's something to be proud of.

To help you stay balanced, FIMSSC has organized a lineup of fun and engaging events this month to give you a well-deserved break. Whether it's taking part in our DJ bootcamp, study session, or game night, there are plenty of ways to de-stress and enjoy some time with your peers. We encourage you to take advantage of these moments—your wellbeing is just as important as your studies.

And remember, no matter what, the FIMS community is always here for you. Keep going, be kind to yourself, and celebrate even the smallest wins. You've got this, and we've got you.

### Warmly, The FIMS Student Council









### EVENTS THIS MONTH

### Wellness Week (Feb 3-7)



Take some time for yourself during Wellness Week! Stay tuned for activities and resources designed to help you relax, recharge, and prioritize self-care.



### DJ Bootcamp (Feb 7)

Calling all music lovers! Join us for the kickoff of our Bootcamp Series, where you can learn a new skill in a fun, hands-on environment. Led by both students and instructors, these interactive lessons will give you the perfect opportunity to develop your talents. Stay tuned for more details coming soon!

# EVENTS THIS MONTH

# Submissions for Clothing Contest Due (Feb 7)

Want to see your design on FIMS merch?
Now's your chance! Submit your original
design for the next FIMS merch collection and
showcase your creativity. This is your
opportunity to make an impact on our official
apparel—don't miss out!



### Submissions for Mediations (Feb 8)



The deadline for Mediations submissions is on February 8th. If you have an academic paper between 1000-2000 words that you are proud of, this is a great opportunity to gain recognition for your work. Submissions are open to all years and can be submitted through the link in the @fimssc bio. Be sure to check the guidebook for submission restrictions.

## EVENTS THIS MONTH

### Valentine's Day Chocolate Sales (Feb 10-11)

Treat yourself or a friend to some delicious chocolate while supporting a great cause! All proceeds go to the Heart and Stroke Foundation so come stop by the UCC Atrium to grab some sweet treats!



### Game Night (Feb 11)



Ready for some fun? Join us for an evening of games, snacks, and drinks! Come unwind and relax by playing some games with friends. Stay tuned for more details coming soon!

### Graduate Student Panel (Feb 28)



Thinking about grad school? Don't miss the Graduate Student Panel, where you'll be able to meet professionals and current MMJC students. Learn about the various graduate programs Western offers and gain valuable insights into application processes and career opportunities. Stay tuned for more details coming soon!

Mark your calendars and stay connected! We can't wait to see you at these events!

## FEBRUARY 2025

2	Wellness Week	4	5	6	7 Clothing Contest DJ Bootcamp	8 Mediations Due
9	Vday Chocolate Sales	11 Game Night	12	13	14	Reading Week Begins
16	17	18	19	20	21	Reading Week Ends
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23	24	25	26	27	28 Grad Student Panel	



For more information, visit our socials below!









